

Youth Peer Mediation

Train-the-Trainer Manual



Increase The Peace!



Learn How To Mediate The Fun Way!



Learn To Effectively Combat Bullying:
For The Bully And The Bullied



Learn How You Can Become Part Of
The Solution



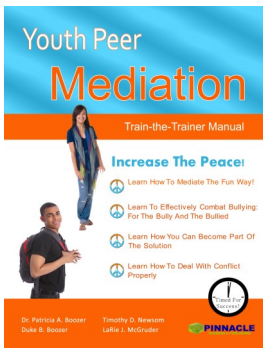
Learn How To Deal With Conflict
Properly



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 **PINNACLE**
TRAINING & PUBLISHING



Youth Peer Mediation

Train-the-Trainer Manual For Middle and High School Youth

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Benefits: What's in it for me? You are the Trainer. This mediation program will be available year-round, not just an hour session or lecture that fades over time.

It's a mediation program to call your own !!!

Your dedicated staff and students working together will enhance your school/agency/organization's climate in a positive manner with our easy-to-follow instructional manual. A few more of the many benefits of an In-House Mediation Program are listed below.

This FUN and ENGAGING Mediation Program:

1. Is an effective alternative to . . .
2. Saves time, energy, and cost spent on conflict by **REDUCING . . .**
 - ★ Punishment
 - ★ Suspensions
 - ★ Physical Damage
 - ★ Expulsions
 - ★ Emotional Damage
 - ★ Property Damage
3. Is a **behavior modification program** that is...
 - ★ low-cost and high-results way to eradicate conflict peacefully
4. Is convenient. The trainers may train . . .
 - ★ Any number of students at a time
 - ★ Any time that works well with their schedules
5. Prepares students to participate as **a part of the solution**—versus — **a part of the problem**



IS AN INVESTMENT IN THE FUTURE.

We provide the information and forms needed to set up, administer, and maintain an effective **In-House Youth Peer Mediation Program.**



Included in Training This Mediation Program provides eight 2-hour training sessions. The training . . .

- Teaches skills and theories of mediation
- Examines how to deal with angry people
- Provides realistic role plays for hands-on practice
- Teaches mediating techniques: the art of questioning, the art of neutrality, and the art of listening
- Examines the causes of conflict
- Teaches practical conflict management
- Identifies conflict management styles
- Develops cross-cultural mediating skills
- Explores the advantages and disadvantages of co-mediating and mediating solo
- Provides tips for writing an effective and workable agreement
- Teaches critical thinking, communications, situation/problem solving, negotiations, and public speaking skills

A Prevention Approach Over 85% of the average social service dollar is spent on treating **preventable** problems rather than on actual **prevention** approaches.

Mediation training is a **prevention approach**. It is effective in countering the deep-rooted reality of disempowerment that shows itself in low self-esteem.

About the Authors

Although the authors are interested in world peace, they believe that it must start within us all, and learning mediation skills is a tremendous step in that direction. They have mediated a variety of situations such as, but not limited to:

Court cases	Neighborhood/school disputes	Race riots and racial conflicts
Gang wars	Parent and teen conflicts	Child custody disputes
Board conflicts	Landlord and tenant disputes	Organizational/workplace conflicts

Patricia Boozer, Ph.D. – *Training Consultant, Mediator, Facilitator, a Yale graduate, with over 46 years of developing and implementing training programs. In 25 years of mediating, has mediated over 800 cases with a 95% success rate.*

La’Rie McGruder – *Training Consultant, Mediator, Facilitator, Negotiator, with over 25 years of mediation experience and designing and implementing training programs.*

Duke Porter-Boozer – *Training Consultant, Mediator, Facilitator with over 25 years of mediation experience and designing and implementing training programs.*

Timothy Newsom – *Training Consultant, Mediator, Facilitator, Community Organizer, with over 25 years of mediation experience.*





Mediation is a conflict resolution and problem solving tool. A neutral person helps two disputing parties to come to an agreement.

- It focuses on the needs of the disputants.
- It empowers by letting disputants solve their own problem.

In peer mediation, youth are trained to mediate their peers' disputes.

The purpose of this manual is to provide easy-to-follow instruction in peer mediation training for youth. The methods provided have a documented track record and have been thoroughly tested and proven by the authors, who have been mediating and providing mediation training to youth and adults for over 25 years.

Benefits: What's in it for me?

A few of the many benefits of Mediation are listed below.

Mediation is an effective alternative to . . .

- * Bullying
- * Fighting
- * Verbal Violence

Mediation saves time, energy, and cost spent on conflict by REDUCING . . .

- * Punishment
- * Suspensions
- * Expulsions
- * Physical Damage
- * Emotional Damage
- * Property Damage



Mediation helps youth to meet daily conflicts with improved critical thinking skills.

Mediation creates a more peaceful environment.

Mediation prepares youth to participate as a part of the solution versus being a part of the problem.

A Prevention Approach Problems should be prevented. However, over 85% of the dollars spent to help people is spent after the problem happens.

AUTHORS

AFTER **25 YEARS** OF MEDIATING, WE STILL CHOOSE PEACE!



Dr. Patricia Boozer
Mediator

But they said ...
Who are they
anyway???



Timothy D. Newsom
Mediator

Think before
you react!
Violence is no
longer your only
choice?



Duke Porter-Boozer
Mediator

Words are very
POWERFUL!
So choose them
wisely.



LaRie McGruder
Mediator